

## NATIONAL TRAINING WEEKEND TIME TABLE - OCTOBER 2011

### SATURDAY – 15 OCTOBER 2011

	Level 1	Level 2	Level 3	Level 4	Level 5
<b>RINK 1</b>	<b>08:45 - 11:45</b>	<b>08:45 - 11:45</b>	<b>11:30 – 14:30</b>	<b>14:15 – 17:15</b>	<b>17:00 – 20:00</b>
<b>RINK 2</b>	<b>08:45 - 11:45</b>	<b>08:45 - 11:45</b>	<b>11:30 – 14:30</b>	<b>14:15 – 17:15</b>	<b>17:00 – 20:00</b>

### SUNDAY – 16 OCTOBER 2011

	Under 17	Ladies	Under 20
<b>RINK 1</b>	<b>09:00 – 12:00</b>	<b>12:00 – 15:00</b>	<b>15:00 – 18:00</b>
<b>RINK 2</b>	<b>09:00 – 12:00</b>		