

## NATIONAL TRAINING WEEKEND TIME TABLE FEBRUARY 2010

### SATURDAY – 20 FEBRUARY 2009

	<b>Basic</b> 09:00 – 12:00	<b>Pre-Project</b> 09:00 – 12:00	<b>Project 2012</b> 12:00 – 15:00	<b>Project 2011</b> 13:30 – 17:30	<b>Project 2010</b> 16:00 – 19:00
<b>RINK 1</b>	<b>09:00-12:00</b>	<b>09:00 – 12:00</b>	<b>12:00 – 15:00</b>	<b>14:00 – 17:30</b>	<b>16:30 – 19:00</b>
<b>RINK 2</b>	<b>09:00 – 12:00</b>	<b>09:00 – 12:00</b>		<b>13:30 – 15:00</b>	<b>16:00 – 16:30</b>

### SUNDAY – 21 FEBRUARY 2009

	<b>Ladies Development</b> 09:00 – 12:00	<b>Ladies</b> 11:00 – 14:00	<b>Project 2010</b> 14:00 – 17:00	<b>Juniors</b> 15:30 – 18:30
<b>RINK 1</b>	<b>09:00 – 11:30</b>	<b>11:30 – 14:00</b>	<b>14:00 – 17:00</b>	<b>16:00 – 18:30</b>
<b>RINK 2</b>	<b>11:30 – 12:00</b>	<b>11:00 – 11:30</b>		<b>15:30 – 16:00</b>