

NATIONAL TRAINING WEEKEND TIME TABLE JANUARY 2010

SATURDAY – 16 JANUARY 2010

	Basic 09:00 – 12:00	Pre-Project 09:00 – 12:00	Project 2012 12:00 – 15:00	Project 2011 13:30 – 17:30	Project 2010 16:00 – 19:00
RINK 1	09:00-12:00	09:00 – 12:00	12:00 – 15:00	14:00 – 17:30	16:30 – 19:00
RINK 2	09:00 – 12:00	09:00 – 12:00		13:30 – 15:00	16:00 – 16:30

SUNDAY – 17 JANUARY 2010

	Ladies Development 09:00 – 12:00	Ladies 11:00 – 14:00	Project 2010 14:00 – 17:00	Juniors 15:30 – 18:30
RINK 1	09:00 – 11:30	11:30 – 14:00	14:00 – 17:00	16:00 – 18:30
RINK 2	11:30 – 12:00	11:00 – 11:30		15:30 – 16:00