

SATURDAY – 5 SEPTEMBER 2009

Development Squads Day

	SESSION 1 Group 1 09:00 – 12:00	SESSION 2 Group 2 & Group 3 11:00 – 14:00	SESSION 3 Group 4 & Group 5 14:00 – 17:00	SESSION 5 Group 6 17:00 – 20:00
RINK 1	9:00-11:00	11:00 – 12:00 (Groups 2 & 3)	14:00 – 15:00 (Group 4) 15:00 – 16:30 (Group 5)	17:00 – 20:00
RINK 2	11:00 – 12:00	12:00 - 13:00 (Group 2) 13:00 – 14:00 (Group 3)	14:00 – 15:00 (Group 5) 15:00 – 16:30 (Group 4) 16:30 – 17:00 (Group 5)	
RINK 1		12:00 – 13:00 (Group 3) 13:00 – 14:00 (Group 2)	16:30 - 17:00 (Group 4)	

Ladies Development

Ladies Development are now back training on a Sunday, away from the boys. This way I believe we can develop the girls quicker to the standard needed for International Competitions. This month they will be training at the same time the Ladies Seniors due to Under 19's being abroad participating on Europeans.

Projects 2011, 2012, 2013 and 2014

I am still waiting for some responses prior to announcing the squads for each project. I am giving a bit more time due to the holiday period, however I would like to start these projects in October, so all forms will need to be in by September National Training weekend..

All projects are very important to develop players to compete at International level.

Project 2011 is now getting very close of the competition, therefore I will be present a 2 years plan for preparation to the European Under 17 Championship 2011. Players and parents need to understand we need commitment from them to develop the team for this competition and I will be focus on players that have completed the signed project form.

SUNDAY – 6 SEPTEMBER 2009

	10:00-13:00	13:00-16:00	16:00-19:00
RINK 1	Extra Session	Ladies & Ladies Development	Juniors Schoolboys
RINK 2		Ladies & Ladies Development	

Extra Session

Extra session is for players attending National Training Weekend who would like to have a second session. This session will have players from different ages, however to attend you have to ask permission to National Coaching Director to ensure you are at the necessary standard. You will need to book your place in advance each month to ensure we have enough players to cover the cost of the rink or that we don't have too many players.

To ensure that you are registered to attend please make sure you email me on carlos6amaral@jcasports.co.uk

Stage of selection for 2010

Preparation plan dates will be published in December 2009

Stage 1

From October to January - open sessions for Under 17

From November to January - open sessions for Under 20 and Ladies (Seniors and Under 19).

Stage 2

From February to April - reduced squads of 2/4 goalkeepers and 12/15 outfield players which will be announced after January National Training.

Stage 3

From May to July - reduce squads to 2/3 goalkeepers and 10 outfield players only which will be announced after April National Training.

Stage 4

From July to the Competition (European or World) - Final Squad which will be announced after July National Training.