



National Roller Hockey

Association of England Limited

Roller Hockey is a recognised Olympic Sport

Founded in 1904

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PROCEDURES FOR PLAYERS AND SUPPORTERS AT WORLD AND EUROPEAN CHAMPIONSHIPS

When we take a team to compete in a World or European Championship, we try to do the best professional job that we can, bearing in mind that we are an amateur sport.

When abroad, all of us, players and supporters, are ambassadors for English Roller Hockey.

We all want to achieve the best possible results, taking into consideration our standings in the World and European Rankings.

For these reasons and for clarity, I have listed below 5 points of importance with some explanation for each.

1. (a) The players will generally stay at the hotel 2 persons to a room.
(b) The pairings will be decided by the Head Coach.

Reasons :

(a) Cost & camaraderie (team spirit)

(b) The pairings are important.

The decision, about which players room together, is not taken lightly.

Players from different Clubs are often put together to help with the bonding process.

Players who play in similar positions or have similar personalities are often put together.

2. Supporters will not be permitted to stay at the same hotel as the players.
They may visit the players at the hotel by invitation only.

Reason :

The Team needs to remain a Team for the duration of the championship.

It needs to stay focused on the objective.

Some of the players will not have parents at the championship.

3. The Team will wear the official dress at all times.

Reason:

Team bonding.

Identification.

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4. A daily plan will be formulated for each day, taking into consideration the match times. It will be followed rigidly.
Any changes required to suit any special circumstances that may arise will be made by the Head Coach and Manager

Reason :

It is very important that a set routine is in place.

Wake-up times, meal times, meeting times, free time, rest time and lights-out time are all set, in order to maximise the potential from the players both physically and mentally.

5. The Team may spend time with supporters after each game whilst they are at the rink. Where appropriate, players may spend their "free time" with their supporters.

Reason :

Players, management and supporters make up the whole "Team" travelling to these international tournaments and it is very important for the players to receive congratulations or commiseration's from their supporters after a win or loss.

The five points listed above, we hope, will contribute towards a clearer understanding and helping our England Teams achieve the best possible results by providing them with the correct food, eaten at the right time and coupled with the correct amount of rest, to help their bodies recover from the exertions of the last game, in preparation for the next.

These points will also help to keep their minds focused on the objective of the trip with the help of the interaction with the supporters.

Keith Allen