



National Roller Hockey Association of England Limited

Roller Hockey is a recognised Olympic Sport

Founded in 1904

THE NATIONAL DEVELOPMENT PLAN 2005-2010

Roller Hockey is a fast paced action sport that requires dedication and passion to succeed in. It is a sport that if structured correctly, marketed correctly and presented to those outside the sport with that same passion, then we can compete with the best in the game on an International level. For many years the likes of Spain, Portugal, Italy and Argentina have dominated the sport of Roller Hockey. Why is this?

Given that the same passion that runs through our sport at home continues in every Roller Hockey nation abroad, it is down to four main reasons, Facilities, Finance, Structure and Commitment.

Facilities – We have no recognisable International rink, dedicated to our sport that we can use on a regular basis to train and play on and any efforts that we make in this direction will be long term.

Finance – Financial assistance that is available to our International competition must be pursued vigorously, without finance any structure or long term plan will fail, based purely on good will and individual time. We must set up a finance committee to run in parallel with any Structure and Development plans.

Structure – This is an area where we can do something now.

If one looks at the structure for the training of the national teams for the successful countries such as Spain, Portugal, Italy etc. you will find that they have a Director in charge of all National Teams who devises the training programmes and strategies.

Twelve years ago the French adopted this system and within a couple of years were showing signs of gradual and sustained improvement. Since then the Swiss have also chosen to adopt this system and again have shown signs of improvement.

The most recent example is the German set-up. Two years ago they put a Dutchman in charge and now they are beginning to realise results that previously they were not achieving. At Senior level we have beaten them over the last few International competitions, in this year's European Championships, our Senior team were beaten 5-1.

At this year's European Schoolboy Championships, the German team included five players born in 1990, two in 1989 and three in 1988. We had five born in 1989 and five born from 1988 and we lost 8-1.

The statistics are there and very clear.

Our progress over the years has been spasmodic rather than sustained.

If the system adopted by these more successful countries works for them, then surely it should work for us.

We need to appoint a Coaching Director who selects and appoints the Coaches for our National Teams.

Between them they agree on a programme and strategy for the training of our National Teams. All the Coaches work with all the teams at the training sessions and all have input into the selection process with the final word being with the specific Coach and the Coaching Director.

It must be recognised that future International players require a good base from which to start and to achieve this we need a fully co-ordinated plan.

National Coaching Director

Nominated by

Ratified by

Term

National Coaches

International Invitations

NRHA President

NRHA Executive

4 years. In line with Presidency.

Appointed by Coaching Director and President.

NCD to be advised of all.

National Technical Committee.

This committee will comprise: -
National Coaching Director
National Foundation Scheme Head Coach
National Senior Coach
National Junior Coach
National Schoolboy Coach
National Ladies Coach

Their duties will involve the formulation of training methods and strategy for the co-ordinated development of all National Squads including future coaching staff.

National Foundation Scheme.

Ultimately responsible to the National Coaching Director.

This will commence with the **Under 12's – National Foundation Scheme.**

The National Foundation Scheme will be based on the NRHA's "ABC of Roller Hockey" written by Carlos Ismael Lacerda de Figueiredo.

Specific instruction will be given. i.e. Roller skating, goalkeeping etc. by suitably qualified personnel.

It will be a co-ordinated scheme by the NRHA.

Emphasis will be given to skating ability.

An Easter event for all to see will be arranged. This may not happen in 2005.

As part of this scheme assistance will be given for the training of Coaches to Grade 3 level.

There will be collaboration with the Regions.

National Team Development Plan.

The International Teams will fall under the umbrella of the National Coaching Director for both Ladies and Men's Teams.

Men

Each age group will have both a main squad and a development squad.

It ensures that a player's progression and transition through all International levels is more easily attained.

All players will be trained over the same weekend at the same venue. The current suggestion for the venue is Bushfields Sports Centre at Peterborough.

Additional training sessions may be required by any of the Coaches.

Ladies

This group will be split into Junior, (under 15) and Senior.

In time we would expect the Ladies categories to mirror the Men's section.

Manager/Administrator.

The President/NRHA Executive will appoint persons to these positions in conjunction with the National Coaching Director.

National Specialist Committee.

Reporting to the National Coaching Director.

Split into two sections: -

Sport Specific Committee.

Goalkeeping

Defence

Offence

Mechanic

Fitness Specific Committee

This committee will comprise: -

National Fitness Coach

NRHA Doctor

NRHA Bio-mechanics Consultant

NRHA Physiotherapist

National Sports Psychologist

The President/NRHA Executive will appoint these.

Their duties are to formulate a full programme for all age groups working within the National Team Plan. This programme is to include fitness and health, both physical and psychological, and to monitor the progress of the players within the Plan.

They will be available to the National Coaches for assistance by invitation.
They will contribute to the content of the accreditation schemes.

Summer Schools.

Reporting to the National Coaching Director.

Ladies Section.

Joint principals – Claire Currie and Claire Hallam

Location – Retford and/or Madrid

Men's Section

Principal – Andrew Ashurst

Location – Villa Franca, Spain

Additional camp organised by the National Coaching Committee.

Location – Seixus, Portugal.

National Referee Development

The development of future International Referees has to be incorporated within this development plan. To this end, a group of referees under the control of Mike Richardson will be developed at the same training weekends. This will include both interpretation and implementation of the rules of the game as well as a fitness programme devised by the National Fitness Committee.

The aim is to increase the number of English International Referees.

The next opportunity for International tests will be at the Nations Cup in Montreux being staged between the 25th and 28th March 2005.

Those who attain the necessary fitness levels and technical ability to become an International Referee will be nominated for testing at this event and their examination fee will be paid for by the NRHA.

It is required that an English Referee accompanies every National team to European and World Championships and their costs must be included in the team's budget.

All current National Team Coaches commit to helping with the improvement of the standard of refereeing in the UK.

Once the structures for Coaching, Fitness, Goalkeeping and Refereeing have been put in place, it is expected to add Assistant Coaches to each age range who will follow on to become National Team Coaches.

Standard England Kit

Players for training: -

2 x red shorts

2 x white warm up tee shirts

2 x white socks

Coaches for training; -

Tracksuits

Coaches at Competition: -

Blazer

White shirt

Red tie

Dark trousers

Black shoes

NRHA badge (clip over top pocket)

Funding

As with the present system, all players will be charged £10 per head.

At training sessions one person will be in charge of collecting monies and the paying of expenses and venue costs.

Allocation of expenses to positions of importance. (25p per mile)

Records

It is intended to record the progress of every player and a Project Co-ordinator will be appointed to regularly up date all information and communicate it to the various parties involved.

Although this is a five year plan, it will be reviewed at various times through its progress to ensure that the best is being done for Roller Hockey.

And finally: -

Commitment

I am proposing a five year plan to bring out the best in Roller Hockey in the UK and to give us the qualities required to truly compete with our International colleagues. I will commit to deliver the above structure as President of The national Roller Hockey Association, but I cannot succeed alone. This has to be a team effort delivering the resources and facilities for the future of the sport in the UK.

Keith Allen
President NRHA

Calendar of Events

National Training Weekends, Dates and Venues.

Saturday	February 12 th	Schoolboys and Ladies	Bushfields, Peterborough
Sunday	February 13 th	Juniors	Dome, Mildenhall
Sunday	February 13 th	Seniors	The Pier, Herne Bay

Saturday	March 12 th	Juniors	Priory School, Hitchin
Sunday	March 13 th	Schoolboys and Ladies	Priory School, Hitchin

This weekend the Seniors will be in Uttingen, Switzerland

Saturday	April 2 nd	Schoolboys and Ladies	Bushfields, Peterborough
Sunday	April 3 rd	Seniors and Juniors	Houghton Regis

Saturday	May 7 th	Seniors and Juniors	Bushfields, Peterborough
Sunday	May 8 th	Schoolboys and Ladies	Bushfields, Peterborough

Also this weekend a Referees Course is planned with Jorge Pauleta.

Jorge Pauleta is in charge of training Referees in Portugal.

We will also have Vitor Hugo with us for the weekend.

Vitor Hugo, in his time, was the best player in the World and more recently was the Portuguese Senior Men's National Team Coach.

Vitor will assist the National Coaches on rink and help with any other Coaching issues.

Saturday	June 4 th	Schoolboys and Ladies	Bushfields, Peterborough
Sunday	June 5 th	Seniors and Juniors	Bushfields, Peterborough

Saturday	July 2 nd
Sunday	July 3 rd

This weekend the Seniors will be in Darmstadt, Germany

Other Dates for your Diary

June 11 th	National Play-offs	Space Centre, London
June 25 th	National Cup Finals	Space Centre, London
June 26 th	National A G M	TBC
July 16 th – 23 rd	European Ladies Championships,	Maia, Portugal.
July 23 rd / 24 th	Peter Wimble Veteran's Cup,	Southsea Skatepark
August 6 th – 13 th	World Group A Championships,	San Jose, California
September 19 th – 24 th	Junior European Championships,	Santander, Spain
October 24 th – 29 th	Schoolboys European Championships,	Quimper, France
November	World Junior Championships,	San Juan, Argentina.